

A Quarterly Publication of Crystal Springs, Inc., 38 Narrows Road, Assonet, MA 02702



#### We are proud to announce our graduating class of 2018!

Congratulations to the Crystal Springs Class of 2018! Our five graduating students celebrated on June 15<sup>th</sup> in front of family, friends, and Crystal Springs staff. We are very proud of all of our graduates! Crystal Springs' staff gave speeches highlighting each graduate's accomplishments and personal growth. The celebration continued into the evening with prom festivities where dinner was served and dancing followed. We wish our graduates the best and know that they are well prepared for their future.

#### **Crystal Springs' Shared Living Program**

Crystal Springs is proud to announce that it has launched a Shared Living Program, a new residential service option for individuals with developmental disabilities over the age of 22. This program provides opportunities for individuals to live in private family homes with dedicated caregivers. Individuals participating in Shared Living will receive 24-hour support in family homes, life skill development, opportunities to engage in community activities and day programs, advocacy services, family involvement and support, medication management oversight, and community integration activities. We are currently accepting shared living candidates, both individuals and private homes for this program. It is our goal to make a good match between individuals with families for lasting and life enhancing relationships.

#### **Crystal Springs Employee Benefit and Wellness Fair**

Crystal Springs 2018 Employee Benefit and Wellness Fair was held on June 1st and the theme was Hawaiian Luau. It was very festive and well attended. This year Crystal Springs partnered with iBenefit Communication to assist employees with open enrollment. Many health and wellness vendors were available for staff. There were plenty of prizes and raffles and the Executive Leadership Team grilled burgers and hot dogs and offered frozen soft drinks.

athleen Lovenburg

Kathleen Lovenbury





And here is summer! After an interesting spring and a fantastic graduation and prom, the full summer weather and activities are upon us. Cook-outs and lots of water fun among other summer related events and trips will be evident over the next couple of months so let's all make the absolute most out of this time of year as it will inevitably fly by quickly! Planning is also underway for our second annual September (8th) "Block Party"! Last year's event was a big hit and we hope to build on that for an even better time this year!

Summer time is great for exploring our natural campus surroundings for which we are blessed with a beautiful and interesting landscape. We've got great spaces and places to walk around and play in. If we're attentive, there is plenty of animal, bug and plant life along with physical land features to appreciate and learn about (rocks, walking path, water views, etc, etc.). It's a way to keep kids moving as well as curious, engaged and learning. We can all share the discovery of a cool looking insect, the sight of a great looking butterfly, different birds which we have in abundance or even the sight of a wild turkey or deer right in our own backyard. Of course let's enjoy the sight of skunks and other wild animals from a distance for good reasons, both theirs and ours. Let's also please remember for both students and staff, to use sunscreen and bug protection while engaged in our normal summer activities outside and check our students for allergic reactions, ticks, etc. after heading back inside and during hygiene and clothing change activities.

We wish all of our students as well as our staff and their families a terrific 2018 summer filled with good times and great memories!

# From the Adult Program

We would like to welcome Adriana Okwara and Diane Maxwell to the Adult Services team. They are our Assistant Residential Directors and we are excited to have them aboard.

With the proceeds from our fundraisers, many of our residents are able to attend several community outings including movies, theater produc-



Adriana Okwara Diane Maxwell

tions/plays, Mystic Aquarium, Boston Aquarium and Paw Sox games to name a few. Thank you to our donors for supporting our residents.



Brian in New York City at the Good Morning America show taping

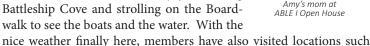


John at Seekonk Speedway Monster Truck Show

#### **ABLE I**

ABLE I continually provides choices and opportunity for both activities and community experiences. This past quarter has been no exception to our busy schedule. We continue to visit to Wellspring Farm and Faxon Animal Shelter on a weekly basis. Many of the members of ABLE I have utilized our membership to Buttonwood Park Zoo in New Bedford. Everyone enjoys visiting the animals and being able to eat their lunch in the park.

Several of the Individuals enjoyed visiting Battleship Cove and strolling on the Boardwalk to see the boats and the water. With the



as Dighton Rock, Lafayette Park and Gooseberry Beach which are



Marissa and her mom Gina

showers and ground nozzles which are controlled by a hand activated-motion sensor. Another destination quickly becoming a favorite, is Noah's Place in New Bedford. The site features a wheelchair swing as well as other swings, spinners and a slide that fits in a natural embankment and a seesaw all of which are accessible to everyone.

There have also been many outings to shop for program supplies. We recycle cans and bottles and with the revenue generated, some of the individuals were able to purchase cat toys to bring to Faxon Animal Shelter.



the perfect places to find the perfect canvas for the ever popular Kind-

Recently, several of the ABLE I members went to Freetown State Forest and really enjoyed cooling

down at the Splash Pad. The Splash

Pad is a deck with movable nozzles

that spray water upward. There are

ness Rocks project.

Patrick creating a painting for his room

We hosted one of our very popular Cultural Experience days, the theme was Mexico and Cinco De Mayo. Each group went shopping to purchase ingredients to make an authentic Mexican dish to share with members and guests, as well as their recipes. The day also featured projects completed by our members and staff history, music and art projects filled the hallways of the building.

#### ABLE II

ABLE II has been enjoying the wonderful warm weather. The individu-

als in the day program continue to make community connections with different businesses in our area. Some of these businesses include Westport Holiday Lanes, Leary Press, Faxon Animal Shelter, Savers, and Luzo Maxi Mart. We are quite busy working on our goals both in the Day Program as well as at these different sites. During our down time, we enjoy going outdoors at the program and enjoying the weather. We have gone bowling at Holiday Lane several times since our last newsletter and had a great time. As the weather has gotten warmer, we enjoy going to explore different



Jen and Craig welcoming everyone at ABLE II



Amy's mom at ABLE I Open House



parks to walk as well as enjoy some free time on the swings. We are looking forward to going on different community outings all summer so keep an eye on Facebook for pictures of all the fun things we do!



Brian welcoming Board member Jim Rebello.



Andrew on the swings at Noah's Place playground



Griffin cleaning tables at Holiday Lanes



Joshua watching a 3-D movie

#### **19 Payne Cove Road**

We have been busy with activities in our local community. Joshua H. and Ralph M. went on walks to the local parks, Buttonwood, the Diman track, Taunton track and waterfront, as well as, several shopping trips. Joshua loves attending monthly movies. He saw the Avengers and a 3D movie. Bridgette D. has also been to the movies quite a bit this past quarter. She went to the Boston Museum and the Mystic Aquarium which she enjoys herself by expressing facial expressions and laughter. Cindy L. went to Supercuts for a trim, shopping to Rue 21 and Dick's, Dunkin Donuts to purchase a coffee and snacks and Duke's Bakery. Louis T. traveled to Washington DC with a friend to to visit his family. He is a regular at Ricks Music World. He loves live entertainment and he uses his Step by Step device to communicate with others.

### 9 Payne Cove Road

Joe I. went to Washington DC to visit with his family. He goes to

Ricks Music World with his friend Louie. He also enjoys live music and having a good time with others. Denise B. and Bridgette D. enjoyed going to the Boston Museum and the Mystic Aquarium. They went shopping and site seeing around the city. Jackie S. treated herself by going to Supercuts for a trim. Jackie has been enjoying the nice weather by going to the waterfront and Buttonwood Park. Jonathan K. spent some time at the Freetown State Park and shopping at the mall while frequently stopping at Dunkin Donuts for a coffee. Van S. and Jeremy H. have also been shopping at the mall to pick out some new personal belongings and going to the waterfront.

### **38 Narrows Road**

We have celebrated a few birthdays and have been enjoying going out into the community to Fenway to see the Boston Red Sox at Fenway Park, Footloose the play and various malls and park. We have big plans for the summer--stay tuned.





R.S.V.P to Lucy Pacheco at 774-855-3301 by August 31





*Chief Executive Officer* Kathleen Lovenbury

Executive Leadership Team Lucy Pacheco Director of Administration Deborah Wallace Director of Human Resources William Sowyrda

Chief Financial Officer

Rick Mancini Director of Children's Services Novene Powell Director of Adult Services

Kristal Marshall-Shore Director of Behavioral Services

#### **Board of Directors**

Timothy Kelleher Chairman Carol Gorman Robert Kelliher Tom Pasternak Michael Kehoe Geraldine Lucas Michael Pierre James Rebello

38 Narrows Road / PO Box 372 Assonet, MA 02702



Crystal Springs supports children and adults with developmental disabilities in a loving, nurturing environment that promotes health, safety, dignity and choice.

Through our exceptional programs and dedicated staff, we provide specialized educational, therapeutic and residential services to each person living and learning within the Crystal Springs community. Recognizing that all have unique gifts and the desire to achieve and contribute to their world, we embrace each person's pursuit of growth and independence so that all may reach their true potential.

## **UPCOMING EVENTS**

**September 8, 2018:** Crystal Springs' Block Party from 10:00 am to 1:00 pm. Families and friends are invited to join us for a fun filled day.

September 24, 2018: Dr. Manning 22nd Annual Memorial Open – Crystal Springs' Annual Golf Tournament in honor of Dr. Manning will be held at LeBaron Hills, registration begins at 11:00 am with a noontime shotgun start. Call Lucy Pacheco to register, 774-855-3301 / Ipacheco@crystalspringsinc.org.